



## 145307 - Using creams and natural materials as a face mask

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### the question

I have read in your website that facial masks are not permissible for women because it is a type of cosmetic surgery which attempts to increase beauty and change the creation. I wanted to ask about facial masks which are just like cream and are put on the face for one hour to make the skin more clean and fresh. By doing that it may increase the beauty. Is that permissible? Sometimes a woman's skin may collect dirt and start to damage with age because of stress and work. Is it permissible to clean her skin from those impurities to please her husband by using the very basic facial mask I am talking about. Please note this facial mask is like a cream which anyone can use at the comfort of their own home to clean dirt and make skin look more fresh.

### Detailed answer

Praise be to Allah.

It is permissible for a woman to use creams or natural materials as a face mask in order to cleanse and beautify the skin, so long as there is no extravagance involved. This is what we stated in the answer to question no. [108638](#), in which we said: There is nothing wrong with using honey on the face to remove freckles, soften the skin and so on, so long as there is no extravagance involved..

Similarly, in the answer to question no. [84903](#), it says: There is nothing wrong with using fruits and vegetables to treat some skin problems, so long as that does not involve extravagance.

We have not given any answer previously which states that these face masks are haraam, unless what you mean is facial peeling for no necessary reason, as in the answer to question no. [34215](#).

And Allah knows best.