862 - Can I Pray If I Am Spotting Before Menstruation?

the question

Before my menstrual period I spot for about five days. I would like to know if I can pray and fast? I know already that after my menstrual period if I'm spotting then I should pray but this is before starting my period.

Summary of answer

If yellowish or brownish secretions and red blood spots appear regularly before and after your period, then they are part of your period so long as the total number of days does not exceed 15 days. Consequently, you cannot pray nor fast during this time.

Detailed answer

Praise be to Allah.

If yellowish or brownish secretions and red blood spots appear regularly before and after your period , then they are considered part of your period so long as the total number of days does not exceed 15 days . Consequently, you cannot pray nor fast during this time.

Yet if your period actually stops and the secretions appear after 1 or more days after your period has ended then these secretions are not considered part of the menstruation. In which case you can fast and pray, as you are considered in a state of Istihadah (irregular bleeding outside menses) not menstruation , but you will need to perform ablution for each prayer, after the Adhan (prayer call) or corresponding time has come.

And Allah knows best.