

# Islam Question & Answer

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## 106468 - Can fasting the six days of Shawwaal be done on Mondays and Thursdays?

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### the question

Is it valid to fast the six days of Shawwaal on Mondays and Thursdays, so that I may attain the reward of fasting on Mondays and Thursdays?

### Detailed answer

Praise be to Allah.

Yes, there is nothing wrong with that, and there will be recorded for you the reward of fasting the six days (of Shawwaal) and of fasting on Mondays and Thursdays.

Shaykh Muhammad ibn 'Uthaymeen (may Allah have mercy on him) said:

If it so happens that the fasting of these six days is done on Mondays and Thursdays, then the person will attain the reward of fasting on a Monday with the intention of attaining the reward for fasting the six days, and the intention of attaining the reward for fasting on a Monday or Thursday, because the Prophet (blessings and peace of Allah be upon him) said: "Actions are but by intentions, and each person will have but that which he intended." End quote.

Shaykh Muhammad ibn 'Uthaymeen (may Allah have mercy on him).