

# Islam Question & Answer

General Supervisor:  
Shaykh Muhammad Saalih al-Munajjid

## 106486 - He had a nosebleed whilst he was fasting

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### the question

I am 59 years old, and I never had nosebleeds before. Last Ramadaan I had a nosebleed for 28 days, three to six times, from morning to sunset. The blood goes down in my throat and I push it out. What is the ruling on this?.

### Detailed answer

Praise be to Allah.

If the matter is as described then your fast is valid, because your getting a nosebleed was something involuntary so the fact that it happened does not mean that you broke your fast. This is indicated by a great deal of evidence from sharee'ah, such as the verses in which Allaah says (interpretation of the meaning):

“Allaah burdens not a person beyond his scope”

[al-Baqarah 2:286]

“Allaah does not want to place you in difficulty”

[al-Maa'idah 5:6]

And Allaah is the Source of strength. may Allaah send blessings and peace upon our Prophet Muhammad and his family and companions. End quote.

Standing Committee for Academic Research and Issuing Fatwas

Fataawa al-Lajnah al-Daa'imah li'l-Buhooth al-'Ilmiyyah wa'l-Ifta (10/264, 265).

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It also says:

If a person has a nosebleed involuntarily whilst fasting, his fast is still valid. End quote.

Fataawa al-Lajnah al-Daa'imah li'l-Buhooth al-'Ilmiyyah wa'l-Ifta (10/268).