12407 - He works for the military– is it permissible for him not to fast in Ramadaan?

the question

I work for the military unit and the month of Ramadaan is coming. Is it permissible for me not to fast, knowing that my circumstances do not make it easy to fast?.

Detailed answer

It is not permissible for you not to fast in Ramadaan, and you are obliged to fast unless you are travelling or are sick with an illness that makes you unable to fast, because Allaah says (interpretation of the meaning):

“and whoever is ill or on a journey, the same number [of days which one did not observe Sawm (fasts) must be made up] from other days”

[al-Baqarah 2:185]

“and [Allaah] has not laid upon you in religion any hardship”

[al-Hajj 22:78]

“Allaah burdens not a person beyond his scope”

[al-Baqarah 2:286]

And the Prophet (peace and blessings of Allaah be upon him) said: “If I command you to do a thing, then do as much of it as you can.”

And Allaah is the Source of strength. May Allaah send blessings and peace upon our Prophet Muhammad and his family and companions.