

Islam Question & Answer

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129860 - It is not permissible to break the fast because of playing football (soccer) or any other game

the question

Is it permissible to not fast for one day because of playing football?.

Detailed answer

Praise be to Allaah.

It is not permissible to break the fast during the day in Ramadan in order to play sports such as football or anything else, because that is not one of the legitimate shar'i excuses that make it permissible to break the fast.

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