

# Islam Question & Answer

General Supervisor:  
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## 20943 - Is it permissible to sleep with one's feet towards the qiblah?

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### the question

Is it allowed to sleep with legs directing towards Qibla.

### Detailed answer

Praise be to Allah.

Praise be to Allaah.

Shaykh Muhammad ibn Saalih al-'Uthaymeen (may Allaah have mercy on him) said: "There is no sin on a person if he sleep with his feet towards the Ka'bah, rather the fuqaha' (may Allaah have mercy on them) said: if a sick person cannot stand or sit, he should pray lying on his side with his face towards the qiblah, and if he cannot then he should pray on his back with his feet towards the qiblah."

Fataawa Ibn 'Uthaymeen, 2/976

And Allaah knows best.