

231735 - Her baby is 20% breastfed; can she not fast?

the question

My baby is about one month old and is only 20% breastfed because my milk is very little; the rest of what he needs is given by means of artificial milk. I am living in a country where the hours of fasting are approximately seventeen hours. What is the ruling on fasting in my case?

Detailed answer

I put this question to our shaykh, ‘Abd ar-Rahmaan al-Barraak (may Allah preserve him) and he said:

She may break the fast and make it up on short days. End quote.

Please see also the answer to question no. [49794](#)

And Allah knows best.