

Islam Question & Answer

General Supervisor:
Shaykh Muhammad Saalih al-Munajjid

26812 - Ruling on wearing high heels

the question

What is the Islamic ruling in wearing shoes with high heels?.

Detailed answer

Praise be to Allah.

At the very least it is makrooh,

Firstly because that involves deceit, as they are worn to make a woman look tall when she is not.

Secondly they pose a danger to the woman, as she may fall.

Thirdly they are harmful to a woman's health, as has been stated by the doctors.