

# Islam Question & Answer

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## 26812 - Ruling on wearing high heels

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### the question

What is the Islamic ruling in wearing shoes with high heels?.

### Detailed answer

Praise be to Allah.

At the very least it is makrooh,

Firstly because that involves deceit, as they are worn to make a woman look tall when she is not.

Secondly they pose a danger to the woman, as she may fall.

Thirdly they are harmful to a woman's health, as has been stated by the doctors.