

## 26812 - Ruling on wearing high heels

## the question

What is the Islamic ruling in wearing shoes with high heels?.

## **Detailed answer**

At the very least it is makrooh,

Firstly because that involves deceit, as they are worn to make a woman look tall when she is not.

Secondly they pose a danger to the woman, as she may fall.

Thirdly they are harmful to a woman's health, as has been stated by the doctors.