

37749 - Using suppositories does not invalidate the fast

the question

Sometimes I feel exhausted and have a headache during the day in Ramadaan, and some people advised me to use a suppository to reduce the severity of the headache. Does this medicine invalidate the fast or not? Please advise me, may Allaah reward you.

Detailed answer

Praise be to Allaah.

Using suppositories during the day does not invalidate the fast. Similarly if a fasting person needs an enema, that does not invalidate the fast, because there is no evidence to suggest that this is one of the things that break the fast, and because that is not food or drink and does not come under the same heading as food and drink.

Shaykh al-Islam Ibn Taymiyah said in *al-Ikhtiyaaraat* p. 193:

Application of kohl and enemas do not invalidate the fast... this is the view of some of the scholars.

Shaykh Ibn 'Uthaymeen said in *al-Sharh al-Mumti'* (6/381):

The most correct view concerning this matter is the view of Shaykh al-Islam Ibn Taymiyah – i.e. that an enema does not invalidate the fast.

And Allaah knows best.