



## 37773 - Fasting whilst breastfeeding is valid

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### the question

Does breast feeding my newborn break my fast? In other words, if I am breast feed my baby during the time we are fasting, does my fast get broken?.

### Detailed answer

Praise be to Allah.

Breastfeeding is not one of the things that invalidate the fast. The fuqaha' are agreed that a woman who is breastfeeding is permitted to fast.

And Allaah knows best.