



## 4057 - How should one pray the four Sunnah rak'ahs of Zuhr?

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### the question

When one prays the four Sunnah rak'ahs of Zuhr, before or after [the fard prayer], or the Sunnah of 'Asr, should he say the Salaam once or twice? [i.e., should he put all four rak'ahs together, or pray them two by two?]

### Detailed answer

Praise be to Allah.

It is permissible for him to pray them with one tashahhud or two [i.e., he may pray them all together or two by two], but it is preferable to say the salaam twice [to pray them two by two].