

# Islam Question & Answer

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## 4950 - Ruling on standing up to do sajdah al-tilaawah

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### the question

If a person is reading Qur'aan sitting down in the mosque or elsewhere, and he reaches an ayah where a sajdah is prescribed, is it better for him to stand up to do the sajdah, or should he prostrate from his sitting position? Which is better?

### Detailed answer

Praise be to Allah.

We know of no evidence (daleel) to suggest that he should stand up in order to do sajdah al-tilaawah.

And Allaah is the source of strength. May Allaah bless our Prophet Muhammad and his family and companions.