

Islam Question & Answer

General Supervisor:
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7852 - Can a menstruating woman fast?

the question

When a woman gets her period can she stop fasting during Ramadaan, and fast other days in place of the days when she did not fast?

Detailed answer

Praise be to Allah.

The fast of a menstruating woman is not valid, and it is not permissible for her to fast. When she has her period she should stop fasting, and after her period is over she can fast other days in place of the days that she missed.