



92806 - Is it Sunnah to shake hands using both hands?

the question

Is it Sunnah to shake hands with only the right hands?

what about shaking hands with the both hands(like clasping the right hand of the other person with both the hands)?.

Detailed answer

Praise be to Allah.

Shaking hands when meeting and saying salam is part of the etiquette of Islam and its good morals. It is an expression of love between the two who shake hands, as it dispels hatred, rancour and grudges among the Muslims. There is a great hadeeth which speaks of its virtue, in which the Prophet (peace and blessings of Allah be upon him) said: "There are no two Muslims who meet and shake hands with one another, but they will be forgiven before they part." Narrated by Abu Dawood (5212); classed as saheeh by al-Albani in Saheeh Abi Dawood.

Shaking hands was a custom that was well known among the Sahaabah (may Allah be pleased with them).

It was narrated that Qataadah said: I said to Anas ibn Maalik: Did the companions of the Messenger of Allah (peace and blessings of Allah be upon him) shake hands with one another? He said: Yes. Narrated by al-Bukhaari (6263).

Ibn Battaal said: Shaking hands is good according to most of the scholars. Al-Nawawi said: Shaking hands when meeting is a Sunnah on which there is consensus - as stated in Fath al-Bari (11/55).

Secondly:

Shaking hands happens when one man places his hand in the hand of his companion; this is what



is implied by the Arabic word *musaafahah* (handshaking), as stated in *Mu'jam Maqaayees al-Lughah* (3/229) and elsewhere. Based on this the apparent meaning of the *ahaadeeth* quoted above about handshaking may be understood.

Hence most of the scholars are of the view that shaking hands with one hand is the *Sunnah*, and this is the usual custom among the Muslims and the *Sahaabah* (may Allah be pleased with them).

Shaykh al-Albaani said in *al-Silsilah al-Saheehah* (1/22), mentioning what is to be learned from some *ahaadeeth*:

Taking hold of one hand when shaking hands. This is mentioned in many *ahaadeeth*, and it is what is implied linguistically.

I say: In some of the *ahaadeeth* referred to this meaning may also be understood, such as the *marfoo'* hadeeth of Hudhayfah: "When the believer meets a fellow believer and he greets him with *salam* and takes him by the hand and shakes hands with him, their sins will fall like the leaves of a tree." Al-Mundhiri said (3/270): It was narrated by al-Tabaraani in *al-Awsat* and I do not know of anyone who is *majrooh* (unacceptable) among its narrators. I say: And it has corroborating evidence which raises it to the level of being *saheeh*.

These *ahaadeeth* all indicate that the *Sunnah* in shaking hands is to use just one hand. End quote.

As for the view of some Hanafi and Maaliki *fuqaha'*, that it is *mustahabb* to shake hands using both hands, putting the palm of the left hand over the back of one's brother's hand, this is not proven to be *Sunnah* from the Prophet (peace and blessings of Allah be upon him) or from his companions. Rather the most that can be said concerning some *ahaadeeth* that refer to it is that the Prophet (peace and blessings of Allah be upon him) took the hand of one of his companions in both of his hands as a sign of extra care in teaching, guiding and so on, as it says in *Saheeh al-Bukhaari* (6265) and *Saheeh Muslim* (402) that Ibn Mas'ood (may Allah be pleased with him) said: The Messenger of Allah (peace and blessings of Allah be upon him) taught me the *tashahhud*, holding my hand between both of his.



But that is not the usual habit, based on the evidence of the previous report which says that the basic principle is shaking hands with one hand, which is stated clearly in some reports. This hadeeth indicates that too, because if the custom among the Sahaabah had been to shake hands using both hands, Ibn Mas'ood would not have mentioned that. The fact that he mentions it indicates that it was not the usual habit of the Prophet (peace and blessings of Allah be upon him) with his companions.

Nevertheless, shaking hands using both hands should not be described as a bid'ah (innovation), rather it is something that is permissible, but the Sunnah, which it is better to adhere to, is to shake hands using just one hand.

It was narrated from Hammad ibn Zayd that he shook hands with 'Abd-Allah ibn al-Mubaarak using both hands, as is stated in a mu'allaq report in Saheeh al-Bukhaari (p. 1206).

It says in Fatawa al-Lajnah al-Daa'imah (24/125):

As for shaking hands using both hands, we do not know anything about that, but it should not be done; it is better to use just one hand.

End quote.

See also al-Mawsoo'ah al-Fiqhiyyah: entry on Musaafahah (shaking hands); Tuhfat al-Ahwadhi (7/431-433)

And Allah knows best.