

Islam Question & Answer

General Supervisor:
Shaykh Muhammad Saalih al-Munajjid

93793 - She saw a spot of blood - should she fast?

the question

When I went to the washroom to relieve myself I saw a spot of blood in the toilet, which made me worried and I was not sure whether I was menstruating, Should I pray and complete my fast or not?.

Detailed answer

Praise be to Allaah.

It seems that a drop of blood is not menses, so it does not mean that you should stop praying and fasting.

Shaykh Ibn 'Uthaymeen (may Allaah have mercy on him) was asked about a woman who had a few spots of blood in Ramadaan, and this continued throughout the month, when she was fasting; is her fast valid?

He replied: Yes, her fast is valid. These spots do not count as anything because they come from a vein. End quote.

Fataawa al-Mar'ah al-Muslimah (1/137).

He also said:

The general principle is that once a woman's menses has ended and she has definitely seen the tuhr or white discharge that signals the end of menses or nifaas, anything that appears after that, whether it is a brownish or yellowish discharge or spots of blood or wetness, none of that is

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menses so she should not stop praying or fasting, and she is allowed to have intercourse with her husband, because it is not menses. End quote.

60 Su'aalan fi'l-Hayd.