

## 96925 - Does a Shower Count as a Ghusl?

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### the question

I have sent this question before but I still am confused as I did not get a detailed answer. I know very well that my questions may seem silly to you and do not deserve to be answered. I am suffering from whispers, and so many other people are suffering from Obsessive-compulsive disorder (OCD). Please do not do not tell me to browse similar questions, as I will not be convinced but by your answer to my specific problem. For example, making Ghusl after the impurity of an intercourse, I want to know if it is adequate to stand under the shower and pass water all over my body? Do I have to wash between thighs or only on what appears of my skin? As for wudu' (ablution) I wash my organs once only so that it does not take long time.

### Summary of answer

- -A shower will count as a Ghusl if water reaches all parts of the body, including between the thighs, and if the mouth and nose are rinsed.
- -Washing each body part once is sufficient in Wudu, but three times is more perfect.

### Detailed answer

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## Does a Shower Count as a Ghusl?

We ask Allah to grant you healing and well being always in your religious and worldly affairs.

What must be done when doing [Ghusl following Janabah](#) is to make the water reach all areas of the body, including the area between the thighs. If you stand beneath the [shower](#) and the water reaches all parts of your body, and you rinse your mouth and nose, then you have done [Ghusl](#).

## **Do You Have to Wash Each Body Part Thrice in Wudu?**

[It is permissible to do Wudu washing each part of the body only once](#) , but it is more perfect to wash each part three times, as is well known.

If you only wash each part once until you [overcome this Waswas](#) , there is nothing wrong with that in sha Allah, and you should seek the help of Allah by praying to Him (Du`a) and asking for healing.

We ask Allah to protect you and make you well.

And Allah knows best.