

97641 - She made her husband very angry and asked him to divorce her, so he divorced her

the question

I made my husband extremely angry and I asked him for a divorce, and I forced him to do that. I locked the door and said to him: Do not go out until you divorce me, so he divorced me when he was angry, but he did not have any intention to divorce me. Now I regret that. Does the divorce count as such?

Detailed answer

Firstly:

With regard to divorces (talaaq) issued in a state of anger, in some cases the divorce does not count as such, according to scholarly consensus; in some cases it does count as such, according to scholarly consensus; and in some cases there is a difference of scholarly opinion concerning it, depending on the type and severity of anger. This has been discussed previously in the answers to questions no. [22034](#) and [45174](#).

To sum up, in the event of the type of (severe) anger in which a person does not know what he is saying, the divorce does not count as such.

The same applies to extreme anger that pushes a man to issue a divorce, whereas if he had the choice and was calm, he would not issue a divorce. In this case the divorce does not count as such, according to the more correct view which was favoured by a number of scholars. Based on that, so long as your husband uttered the word of divorce in a state of extreme anger, then the divorce does not count as such.

Secondly:

It is not permissible for a woman to ask her husband for a divorce unless there are grounds to do so, such as if the husband mistreats her, because of the reports narrated by Abu Dawood

(2226), at-Tirmidhi (1187) and Ibn Maajah (2055) from Thawbaan (may Allah be pleased with him), who said: The Messenger of Allah (blessings and peace of Allah be upon him) said: “Any woman who asks her husband for a divorce for no good reason, the fragrance of Paradise will be forbidden to her.” This hadith was classed as saheeh by al-Albaani in *Saheeh Abi Dawood*.

But if she does that out of extreme anger or frustration, then she must seek Allah’s forgiveness and not do that again.

And Allah knows best.