11574 - What should the menstruating woman do when she enters ihraam?

the question

I am going to Umrah inshallah. My question is what is a women to do if she gets her period? I pray this will not happen, but what parts of the Umrah can she perform?

Detailed answer

Praise be to Allah.

If a woman who has her period enters ihraam, she should do everything that other pilgrims do in Hajj or ‘Umrah, apart from performing Tawaaf around the Ka’bah.

She should delay Tawaaf until she is clean (when her period ends).

Shaykh ‘Abd al-Kareem al-Khudayr

She can make dhikr, make du’aa’, recite the Talbiyah and do good deeds. And Allah knows best.