

## 11796 - Ruling on rolling up sleeves during prayer

## the question

Does rolling up the sleeves count as part of the tucking up (of clothes or hair) that is not allowed during prayer? If it is part of that tucking up, then is the ruling different if I start praying with my sleeves rolled up, i.e., I did not roll them up during the prayer – or is it the same thing?

## **Detailed answer**

Praise be to Allah.

It is not permissible to roll up the sleeves or to fold them up before the prayer or during the prayer so that they will not touch the ground when doing sujood, because the Prophet (peace and blessings of Allaah be upon him) said: "I have been commanded to pray on seven bones and not to tuck up my hair or my clothes." (Narrated by al-Bukhaari and Muslim).

And Allaah is the source of strength. May Allaah bless our Prophet Muhammad and his family and companions, and grant them peace.