124657 - Can We Read Quran While Lying Down?

the question

What is the ruling on reading Quran from the Mus-haf whilst lying down in bed for a person who is not suffering from any health or physical problem?

Summary of answer

There is nothing wrong with reading the Quran from the Mus-haf while lying down in bed or on the ground. For evidence, see the detailed answer.

Detailed answer

Praise be to Allah.

There is nothing wrong with reading the Quran from the Mus-haf whilst lying down.

Al-Bukhari (7549) and Muslim (301) narrated that the Prophet (peace and blessings of Allaah be upon him) used to lie in ‘Aishah’s lap and recite Quran.

Al-Nawawi (may Allaah have mercy on him) said in Sharh Sahۥh Muslim:

“This indicates that it is permissible to read Quran when reclining and lying down.”

Shaykh Salih al-Fawzan said:

“There is nothing wrong with reading the Quran when lying down, whether one is lying on a bed or on the ground. There is nothing wrong with that. A person may recite Quran whatever position he is in, standing or sitting or reclining, and whether he has wudu or is in a state of minor impurity, if he is reciting from memory. But if he is reading from the Mus-haf, then it is not permissible for the one who does not have wudu to touch the Mus-haf unless he has done wudu.” (Al-Muntaqa min Fatawa al-Fawzan)

For more information about the issues related to lying down and sitting, please see these answers: 294088 , and 13822 .

And Allah knows best.