



129860 - Can Footballers Break Their Fast?

the question

Is it permissible to not fast for one day because of playing football?

Summary of answer

It is not permissible for footballers to break their fast because this is not one of the legitimate reason that make it permissible to break the fast.

Detailed answer

Praise be to Allah.

The Standing Committee for Academic Research and Issuing Fatwas said:

“It is not permissible to break the fast during the day in Ramadan in order to play [sports](#) such as football or anything else, because that is not one of the legitimate Shar`i excuses that make it permissible to break the fast.”

For more, please see these answers: [65734](#) and [39232](#)

And Allah knows best.