



21277 - Sex-change operations

the question

Is it permitted for a person to change his sex from a woman to a man or vice versa? Please give evidence from the Quran and Sunnaah.

Detailed answer

Praise be to Allah.

It is not permissible for a person to change sex from male to female or vice versa. The Muslim has to be content with what Allah has decreed, for He has placed him in a suitable position. He does not know – perhaps if he was female that would not be good for him, or if she was male that would be bad for her. Similarly, there are some people for whom nothing but poverty is good, and if Allah made such a person rich it would be harmful for him; and there are others for whom nothing but richness is appropriate, and if they became poor that would be harmful to them.

Some women wished that they could be men who would fight in the way of Allah. This was just wishful thinking, but Allah revealed the prohibition of that wishful thinking in the aayah (interpretation of the meaning):

“And wish not for the things in which Allah has made some of you to excel others. For men there is reward for what they have earned, (and likewise) for women there is reward for what they have earned”

[al-Nisaa’ 4:32]

If mere wishful thinking is forbidden, then how about taking action based on that? If the Muslim is forbidden to change the creation of Allah in minor cases, so how about changing sex altogether?

Shaykh ‘Abd al-Kareem al-Khudayr



Changing one's sex is a kind of tampering with the creation of Allah and following the way of the Shaytaan who vowed that he would misguide the sons of Adam in this way and in others, as Allah tells us that he said:

“and indeed I will order them to change the nature created by Allah”

[al-Nisaa' 4:119 – interpretation of the meaning]

We ask Allah to keep us safe and sound.