



## 33594 - Praying during Menstruation because of Shyness

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### the question

She prayed whilst menstruating because of shyness. What is the ruling on that and what expiation should she offer?

### Summary of answer

Muslims scholars agreed that it is prohibited for a menstruating woman to pray, whether that is obligatory prayers or supererogatory. Based on this, if a woman does that she has to repent to Allah and to seek His forgiveness for what she did.

### Detailed answer

Praise be to Allah.

An-Nawawi (may Allah have mercy on him) said: “The Ummah unanimously agreed that [it is prohibited for a menstruating woman to pray](#) , whether that is obligatory prayers or supererogatory.” (Al-Majmu` , 2/351)

Shaykh Ibn `Uthaymin (may Allah have mercy on him) was asked about that and replied:

“[It is not permissible for a woman who is menstruating or bleeding following childbirth to pray](#) , because the Prophet (peace and blessings of Allah be upon him) said concerning women: “Is it not the case that if a woman menstruates [she does not pray or fast](#) ?”

The Muslims unanimously agreed that [it is not permissible for a menstruating woman to fast](#) , or for her to pray. Based on this, if a woman does that she has to repent to Allah and to seek His forgiveness for what she did.” (Fatawa Al-Mar’ah Al-Muslimah, 1/285)

And Allah knows best.