



## 451 - Ruling on Removing Hair

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### the question

Can a man shave his body hair if when he gets hot or does exercise he sweats? i.e from his chest,his back and his legs.

### Detailed answer

Praise be to Allah.

In Islamic shari'ah, hair is divided into 3 types:

First: Hair that has been ordered to remain, such as man's beard.

Second: Hair that has been ordered to be removed, such as pubic hair, the hair of the armpits, and the extension of the mustache if it reached the lips.

Third: Hair about which we are told nothing, such as hair of hands, legs, chest, and back; this hair is permissible to be removed and Allah is the most Knowledgeable.