



## 99912 - Can You Pray Duha at Work?

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### the question

Is it permissible for me to offer Duha prayer, which is Sunnah, during official working hours? Please note that that will not lead to any pause or delay in work.

### Summary of answer

If offering Duha prayer will not affect the work for which you are responsible, then there is nothing wrong with offering the prayer.

### Detailed answer

Praise be to Allah.

[Duha prayer is Sunnah](#) , and there is great virtue in it. If you are employed and offering [Duha prayer](#) will not affect the work for which you are responsible, there is nothing wrong with offering this prayer. But if doing that will have an impact on your work, then it is not permissible for you to do that, because it is distracting you from carrying out your duties at work. (Al-Muntaqa min Fatawa Ash-Shaykh Salih Al-Fawzan, 2/167)

For more details about Duha prayer, please see the following answers: [22389](#) , [72828](#) , and [211883](#) .

And Allah knows best.